2019 たべごよみ「デイリーセレクト」お届けスケジュール

| お届けのタイミング | 139 | 140 | 141 | 142 | 143 | 144 | 145 | 146 | 147 | 148 | 149 | 150 | 151 | 102 | 103 | 104 | 105 | 106 | 107 |
|---------------------|---------------------------------|---------------------------------|----------------------------------|----------|-----------------------------------|----------|----------|----------|-----------------------------------|----------------------------------|---------------------------------|----------|-----------------------------------|----------|---------------------------------|---------------------------------|--------------------------------|-------------------------------|------------------|
| | 9/23 (月) 〈 9/29 (日) | 9/30 (月) { 10/6 (日) | 10/7 (月) 〈 10/13 (日) | (月) { | 10/21 (月) 〈 10/27 (日) | (月) { | (月) 〈 | (月) 〈 | 11/18 (月) 〈 11/24 (日) | 11/25 (月) 〈 12/1 (日) | 12/2 (月) 〈 12/8 (日) | (月) { | 12/16 (月) 〈 12/22 (日) | (月) { | 1/13 (月) 〈 1/19 (日) | 1/20 (月) 〈 1/26 (日) | 1/27 (月) 〈 2/2 (日) | 2/3 (月) { 2/9 (日) | 2/10 (月) 〈 |
| 職人の手仕事・漬込魚 | 1st | | | | 2nd | | | | 3rd | | | | 4th | | 5th | | | | |
| ジューシー!ハム・ソーセージ | | 1st | | | | 2nd | | | | 3rd | | | 4th | | | 5th | | | |
| パン屋さんの腕自慢 | | 1st | | 2nd | | 3rd | | 4th | | 5th | | 6th | 7th | 8th | | 9th | | 10th | 自 |
| ル・ウィズのもっちりベーグル | 1st | | | | 2nd | | | | 3rd | | | | 4th | | 5th | | | | 動 |
| コーヒーの森へ・出会いの旅(粉) | | | 1st | | | | 2nd | | | | 3rd | | 4th | | | | 5th | | 継 |
| コーヒーの森へ・出会いの旅(豆) | | | 1st | | | | 2nd | | | | 3rd | | 4th | | | | 5th | | 続 |
| おとうふ屋さんの腕自慢 | | 1st | | 2nd | | 3rd | | 4th | | 5th | | 6th | 7th | 8th | | 9th | | 10th | |
| お弁当にぴったりの「はや・うま」おかず | 1st | | | | 2nd | | | | 3rd | | | | 4th | | 5th | | | | |
| 伊東・島源のおまかせ干物 | | | 1st | | | | 2nd | | | | 3rd | | | | 4th | | 5th | | |